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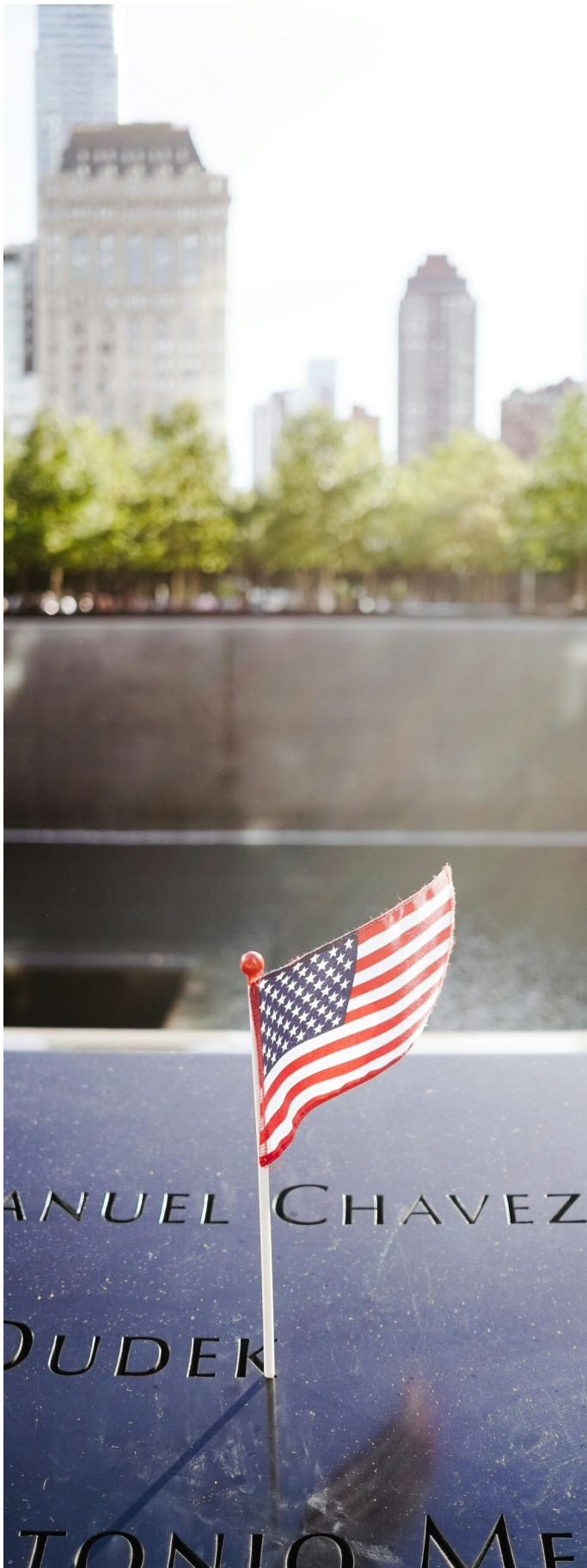
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MEDICAL EXECUTIVE COMMITTEE APPROVALS

Items approved at the last Medical Executive Committee meeting can be viewed by using this website link and selecting the particular month:

<https://www.torrancememorial.org/for-providers/medical-executive-committee/>

If you have any questions, please contact the Medical Staff Services Department at (310) 517-4616.



REMEMBERING *September 11*

On September 11, 2001, nearly 3,000 lives were lost in tragic terrorist attacks on the World Trade Center, the Pentagon, and in Pennsylvania. We honor the victims and the brave first responders who showed incredible courage.

This day reminds us of the unity and compassion that followed. As we remember, we also commit to building a future of peace and understanding.

Let us take a moment to reflect and honor those affected.





September is Suicide Prevention Month — a time to raise awareness about suicide, reduce stigma, and offer hope. This month, we aim to change how people view suicide, provide crucial information, and ensure that everyone has access to the resources they need to talk about suicide prevention and seek help.

CRISIS RESOURCES

- **988 Suicide & Crisis Lifeline:** Call or text 988 for immediate help.
- **988lifeline.org :** If you are uncomfortable talking on the phone, you can chat the Suicide & Crisis Lifeline at 988lifeline.org .
- **Text NAMI to 741-741:** You can also text NAMI to 741-741 to be connected to a free, trained crisis counselor on the Crisis Text Line.
- **Resources and Support:** NAMI HelpLine offers support and referrals. “You Are Not Alone” is a comprehensive guide for mental health.
- **Advocacy:** Join the movement to improve mental health care by signing up for advocacy alerts.

[Suicide Prevention Month \(SPM\) | NAMI](#)

FLU SHOTS ARE HERE!

*Mandatory for all active employees, physicians, and volunteers.

**Proof of Influenza Vaccine must be submitted to
Medical Staff Services by NOVEMBER 15, 2024**

If you plan to submit an exemption request for review, the deadline is 10/18/24. No late forms will be accepted. Please contact Medical Staff Services for religious accommodation and medical exemption request forms.

Should you have any questions, please do not hesitate to contact the Medical Staff Services Department at (310) 517-4616.



CLINIC DATES		
Thurs. 9/19/24 1030-1530 Employee BBQ (Skypark Parking Lot E)	Tues. 10/22/24 1300-1600 Yang's Cafe	EVENING Clinics
Tues. 9/24/24 0800-1130 WT Auditorium	Thurs. 10/24/24 0800-1130 Jarod's Cafe	Tues. 10/01/24 1600-2100 Yang's Cafe
Thurs. 9/26/24 0800-1130 Yang's Cafe	Tues. 11/05/24 0800-1130 WT Auditorium	Tues. 10/29/24 1600-2100 Yang's Cafe
Tues. 10/08/24 1300-1600 Jarod's Cafe	Thurs. 11/07/24 0800-1130 Jarod's Cafe	WEEKEND Clinics
Thurs. 10/10/24 0800-1130 WT Auditorium	Thurs. 11/13/24 0800-1130 Yang's Cafe	Sat. 10/12/24 0900-1300 Yang's Cafe

Women's Heart Symposium - September 6



Lundquist Lurie
Cardiovascular
Institute



Save the date:
September 6

Torrance Memorial Women's Heart Symposium 2024

For Physicians and Healthcare Professionals Only

*To Support the Vision of the
Lundquist Lurie Cardiovascular Institute*

Friday, September 6

Breakfast/Registration: 7 am to 7:45 am

Conference: 8 am to 12:30 pm

Torrance Memorial Hoffman Health Conference Center

3315 Medical Center Drive, Torrance, CA 90505

Conference will be also available virtually.

Zoom details provided in registration confirmation.

STATEMENT OF NEED: Cardiovascular disease remains the leading cause of death in women in the United States. One in three women will die from cardiovascular diseases each year and in some racial or ethnic minorities the death rate is even higher. The Torrance Memorial Women's Heart Symposium will be a half-day professional conference focused on promoting comprehensive understanding of heart disease in women. Topics will include risk factors, prevention, clinical presentation, treatments and outcomes of cardiovascular disease in women.

TARGET AUDIENCE: Cardiologists, internists, family practitioners, endocrinologists, cardiac surgeons, OB/GYN, electrophysiologists, emergency physicians, nurses and other healthcare professionals.

EDUCATIONAL OBJECTIVES: Upon completion of this program participants should be able to:

- Educate health care providers on gender-approaches in prevention, diagnosis and treatment
- Increase awareness of cultural disparities associated with cardiovascular disease risk, including ethnicity, age and gender
- Educate healthcare providers on the latest diagnostic tools and therapeutic options

FEES:

Torrance Memorial, Cedars-Sinai, Huntington Health Physicians, Nurses and Employees - \$50

Non- Torrance Memorial and Cedars-Sinai Health System Physicians, Nurses and Employees - \$75

Fees include lectures, continental breakfast, snacks and syllabus. Pre-registration is required.

A full refund will be given if this activity is cancelled. No refund will be given if participant cancels within 48 hours of the activity.

To register visit our website at <http://TorranceMemorial.org/womensheartssymposium> or call 310-891-6726. For more details please visit our website.

SPEAKERS

8:05-8:35: NADIA J CURRAN, MD -
Torrance Memorial - *Hormones & Cardiovascular Disease*

8:40-9:05: CYNTHIA WILLIAMS, MD -
Torrance Memorial - *Diabetes & Cardiovascular Disease*

9:10-9:35: CHRIS MATCHISON, MD -
Torrance Memorial - *Introduction to the Cardiogenic Shock Program*

9:40-10:05: JANET WEI, MD -
Cedars-Sinai - *Evaluation of INOCA/MINOCA*

10:30-10:55: BRENTON BAUER, MD -
Torrance Memorial - *Risk Factor Evaluation: Beyond the Lipid Panel*

11:00-11:25: KAROL WATSON, MD -
UCLA - *CVD Prevention*

11:30-11:55: MATTHEW OSTROM, MD -
Torrance Memorial - *Palpitations and the Utility of At-Home Rhythm Monitors*

12-12:30: MICHELLE KITTLESON, MD -
Cedars-Sinai - *Updates in HFpEF*



Endorsed by the American
College of Cardiology



California
CHAPTER



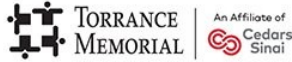
Torrance Memorial Medical Center is accredited by the Accreditation Council for Continuing Medical Education/ California Medical Association (ACCME/CMA) to provide continuing medical education for physicians..

Torrance Memorial Medical Center designates this live activity for a maximum of 4.5 AMA PRA Category I Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Provider approved by the California Board of Registered Nursing, Provider Number 300, for 4.5 contact hours.

A Recipe for a Better You - September 18

JOIN US FOR
A Recipe for a Better You
WOMEN'S HEALTH ESSENTIALS
RECEPTION AND PROGRAM



SEPTEMBER 18, 2024



Join us for an empowering evening dedicated to enhancing women's health.

Our experts will provide insights on understanding your health risks and practical tips to boost your overall health.

Highlights of the Evening:

- **Expert Insights:** Gain valuable information from healthcare professionals on understanding your health risks and practical tips to boost your overall health.
- **Health Screenings:** Take advantage of complimentary health screenings to assess and monitor your well-being.
- **Informational Exhibits:** Explore our "Recipes for a Better You" exhibits, offering actionable advice and resources for a healthier lifestyle.
- **Giveaways and Raffle Prizes:** Enjoy exciting giveaways and enter to win fantastic raffle prizes.
- **Networking:** Connect with like-minded women and build a supportive community focused on health and wellness.

When: Wednesday, September 18
5:45pm – 7pm: Reception and Health Fair
7pm – 8:30pm: Program

Where: James R. Armstrong Theatre
3330 Civic Center Drive
Torrance, CA 90503

Suggested Donation: \$10 (Event is free of charge, donations are appreciated)

Don't miss this opportunity to invest in your health and connect with a vibrant community of women dedicated to wellness. We look forward to seeing you there!

Register Today: <https://bit.ly/4cT9rut>

If you have any questions, please call
310-517-4728 or
email foundation@tmmc.com.



21st ANNUAL TMMC SUMMER PICNIC

Get your grill on at the 21st Annual Torrance Memorial Medical Center Summer Picnic. Celebrate the final days of summer with your #TeamTorranceMemorial colleagues and enjoy mouth-watering barbecue.

First & Second Shifts

Thursday, September 19

10:30am – 3:30pm

Skypark Parking Lot E

Third Shift

Thursday, September 19

12:00am – 3:00am

Yang Cafe



To celebrate Hispanic Heritage Month Torrance Memorial Medical Center is hosting a community health and wellness fair with the goal of improving health outcomes for the Hispanic community.

October 1, 2024

4:00 PM - 7:00 PM

Torrance Memorial Hoffman Health Conference Center

Join us for a special evening to celebrate Hispanic Heritage Month while gaining insights into understanding health risks and improving overall health for you and your family. This is a bilingual event, offering Spanish and English presentations.

Highlights of the evening

- Expert insights: Receive valuable information from healthcare professionals about understanding health risks and practical tips for boosting overall health.
- Health screenings: Benefit from complimentary health screenings to assess and monitor your well-being.
- Informational exhibits: Explore our health exhibits, which offer actionable advice and resources for a healthier lifestyle.
- Giveaways and raffle prizes: Enjoy exciting giveaways and have the chance to win fantastic raffle prizes.
- Light refreshments will be available.




Scan to Register

Contact

Community Health Education at
310-517-4711 or [send an email](#)

MSAP and SOS Programs

MEDICAL STAFF ASSISTANCE PROGRAM



TORRANCE MEMORIAL | An Affiliate of **Cedars Sinai**

PHYSICIAN ASSISTANCE PROGRAM (PAP)

Physicians who are experiencing personal struggles and/or problems are eligible to receive up to ten free counseling visits per calendar year (Physician Assistance Program.)

PAP has been directed and coordinated by Dr. Moe Gelbart and provided by a team of therapists located at Torrance Memorial McMillen Medical Building and other locations throughout the South Bay, as well as telehealth visits.

- PAP provides short term counseling, assessment, and referral for:
 - personal, family, and work issues
 - chemical dependency
 - financial and legal issues
- All information is held in strictest confidence

NO REFERRAL NECESSARY
Call Dr. Moe Gelbart at x44935 (310-784-4935) or x75751 (310-257-5751) for an appointment
Please identify yourself as a Torrance Memorial employee or family member.

PHYSICIAN ASSISTANCE PROGRAM
McMillen Medical Building
3333 Skypark Drive, Suite 200, Torrance, CA 90505
Extension 44935 (310-784-4935) or x75751 (310-257-5751)

Eligible Medical Staff members may self-refer to the Program by calling **GELBART AND ASSOCIATES** at **(310) 257-5751**. Inquiries will be held in strictest confidence.

Self-referrals are limited to up to ten (10) visits to program counselors. The program counselor may immediately refer clients to a qualified professional in the community for continued care after an initial assessment, if the counselor determines that more than ten (10) visits are necessary.

Torrance Memorial Medical Staff provides members of the Medical Staff with professional and confidential assistance through a Medical Staff Assistance Program (MSAP) at no cost to members for ten (10) crisis and intervention visits per calendar year. This service proves members with a constructive way to deal with personal problems which may be affecting behavior and clinical performance. It is the belief that dealing with these problems preemptively may alleviate issues related to clinical performance, clinical privileges and/or membership. However, member involvement in this or any other rehabilitation program does not excuse or limit the obligation of members to meet Torrance Memorial Medical Staff's Bylaws, Rules and Regulations and policies/procedures or standards.

SUPPORT OUR STAFF



Support Our Staff

- Need to talk through a difficult situation you have encountered? A case that is bothering you? Or perhaps a personal issue that has been difficult to process? **Help is only a call away!**
- The **S.O.S.** team is comprised of volunteers trained in critical incident stress management who will provide you with a “safe zone” to express thoughts and reactions to enhance coping.

Common reactions to a stressful life event include:

Physical Symptoms	Psychological Symptoms
<ul style="list-style-type: none">• Sleep disturbance• Difficulty concentrating• Fatigue	<ul style="list-style-type: none">• Fear• Grief• Depression• Self-doubt• Extreme sadness

- You’ve cared for our patients and community, now let us care for you! S.O.S. is confidential, FREE, and available 24/7.

Simply call 310-997-7444 or x79100 and leave a message (you will be called back within 24 hours)



Alternatively, you may contact:

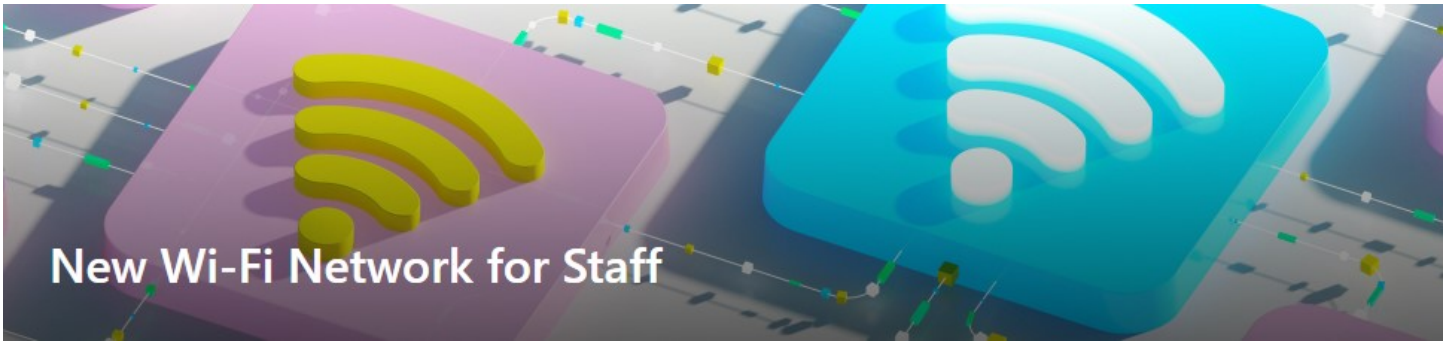
DR. ZACHARY GRAY zachary.gray@tmmc.com at 310-869-3713 or

LAYNE KELLEY at layne.kelley@tmmc.com or 310-517-4719

to request S.O.S.



HELP IS ONLY A CALL AWAY!



Staff and Physicians must use this wireless network with any personal device

TorranceMemorial-Staff

1. Use your network credentials to authenticate and connect.
2. Once you have authenticated and connect, you will remain connected until you click "Forget This Network" in your device's Settings.
3. You should now use this new this network instead of the TMMC-Guest network.
4. Make sure you are on the TMMC campus before going through these instructions.



LATIN AMERICAN

Please join us for our upcoming hosted

Physician Luncheon

WEDNESDAY, SEPTEMBER 4

from 11am to 2pm

Sponsored by



**TORRANCE
MEMORIAL**

An Affiliate of
**Cedars
Sinai**

Medical Staff Calendar

September 2024



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Sinai

Monday	Tuesday	Wednesday	Thursday	Friday
2 	3 12:00p Bioethics 12:30p Infection P&T	4 7:00a CV Review Conference 7:00a Gastroenterology Subcomm	5 7:00a Breast Tumor Board 7:00a Nominating Committee 7:45a Gen Tumor Board 12:30p MSPI	6 7:00a Thoracic Tumor Board
9 12:30p Cardiology 12:30p Credentials	10 6:00p Medical Executive Comm.	11 7:00a Anesthesia Dept.....WT-AUD 7:00a CV Review Conference 12:30p MedicineWT Rm D 12:30p C-Section	12 7:00a Breast Tumor Board 7:00a Cardiac PI/M&M 7:45a GI Tumor Board	13 7:00a Thoracic Tumor Board
16 7:30a IRB 12:00p Burn & Wound 12:30p Credentials 12:30p Oncology PI	17 12:30p EDIE Patient Care 12:30p Utilization Management	18 7:00a CV Review Conference	19 7:00a Breast Tumor Board 7:45a CNS Tumor Board 8:00a Endocrinology...WT Rm C 9:00a Emergency Department 12:30p Pediatrics Department	20 7:00a Thoracic Tumor Board
23 12:30p Antibiotic Stewardship	24 7:00a Cancer Committee 12:00p Radiology 12:30p OB/GYN Department	25 7:00a CV Review Conference 12:30p Critical Care 12:30p Integrative Medicine Steering Committee	26 7:00a Breast Tumor Board 7:45a GI Tumor Board 12:30p Credentials 12:30p Stroke Committee 12:30p Medical Staff IT Committee 3:00p Medication Safety 5:00p Bariatric Surgery	27 7:00a Thoracic Tumor Board
30				



CME CONFERENCES

Date: Wednesdays, 12:30 p.m.

Location: Hoffman Health Conference Center

Torrance Memorial Medical Center is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians.

Torrance Memorial Medical Center designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

For up-to-the-minute conference information call

(310) 784-8776 or visit: <http://>

[www.torrancememorial.org/For_Physicians/](http://www.torrancememorial.org/For_Physicians/Wednesday_CME_Conferences.aspx)

[Wednesday_CME_Conferences.aspx](http://www.torrancememorial.org/For_Physicians/Wednesday_CME_Conferences.aspx)

September 4, 2024

No Conference

September 11, 2024

No Conference

September 18, 2024

“Artificial Intelligence in Healthcare”
 Gina Sulmeyer, MD
 Torrance Memorial Medical Center
 Commercial Support: None

September 25, 2024

No Conference

October 2, 2024

“Introduction to Patient Safety and Adverse Event Analysis”
 Bret Barrett, MSN, NP, CPPS
 Torrance Memorial Medical Center
 Commercial Support: None

October 9, 2024

To be announced

October 16, 2024

To be announced

October 23, 2024

To be announced

October 30, 2024

To be announced

Welcome New Practitioners



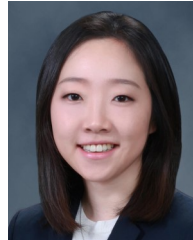
Sean D. Burn, MD
Teleradiology
Vision Radiology
2825 Oak Lawn Ave, Unit 192749
Dallas, TX 75219
Phone: (510) 683-9500
Fax: (877) 880-2039



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Helen Pham, PA
Physician Assistant Orthopedics
Coastal Ortho
5215 Torrance Blvd Ste 210
Torrance, CA 90503
Phone: (310) 316-6190
Fax: (310) 540-7362

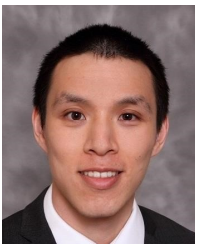
Welcome New Practitioners



Hyun Jae Seo, MD
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Torrance Anesthesia Medical Group, Inc
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Fax: (310) 517-4658



Pranit Shrestha, MD
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Fax: (310) 517-4658

Physicians/AHP Roster Updates

Address Changes

Sohail M. Davoudian, MD
Internal Medicine

1959 Kingsdale Ave.
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Phone: (310) 214-1000
Fax: (424) 201-5225

Stanley R. Klein, MD
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Torrance Surgical Alliance
21250 Hawthorne Blvd, Suite 430
Torrance, CA 90505
Phone: (310) 326-3063
Fax: (310) 326-3068

Minesh Mehta, MD
Family Medicine

Optum
824 E. Carson St. 104
Carson, CA 90745
Phone: (310) 830-9706
Fax: (310) 834-5730

Resignations

Chidinma Chima-Melton, MD
Pulmonology

Janelle Holden, DDS
Pediatric Dentistry

Fe A. Inocentes, MD
Family Medicine

Aung Lin, DO
Infectious Diseases

Joe Nakagawa, MD
Emergency Medicine

Maureen A. O'Neill, MD
Pediatrics

Mohamed Shaban, MD
Pediatric Gastroenterology

Retirements

Hong Ahn, MD
Internal Medicine

Arun K. Mittal, MD
Cardiothoracic Surgery,
Vascular Surgery

Leave of Absence

Tiffany V. Wang, MD
Otolaryngology

H.T. Yawata, DO
Family Medicine

The Medical Staff Newsletter **ProgressNotes** is published monthly for the Medical Staff of Torrance Memorial Medical Center.

Oren Zaidel M.D.

Chief of Staff

Layne Kelley, MA, CPHQ, CPMSM

Director, Medical Staff Services & Performance Improvement

MONTHLY MEDICAL STAFF NEWSLETTER

Progress Notes



TORRANCE
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